

16335301 - Dextro Energy Recovery Drink, Tropical

Sales description

Drink powder with carbohydrates, protein, magnesium and 10 vitamins. Tropical fruit mix flavour

Ingredients

Saccharose, **whey protein concentrate (milk)** (28%), dextrose, acidifier (citric acid), flavouring, magnesium carbonate, emulsifier (lecithins), vitamin C, niacin, vitamin E, colouring (carotene), pantothenic acid, riboflavin, vitamin B6, thiamine, folic acid, biotin, vitamin B12.

Allergen information: May contain traces of **soy, lupin, nuts, crustaceans, eggs, fish, sulphur dioxide and sulphites.**

Nutritional information	per 100g		per serving 44.5g in 250ml prepared drink:	
	kJ	kcal	kJ	kcal
Energy	1636	385	728	171
Fat [g]		2		0.9
of which saturates [g]		1.2		0.5
Carbohydrates [g]		67		30
of which sugars [g]		67		30
Protein [g]		22		10
Salt [g]		0.11		0.05
Vitamins/Minerals	per 100g	% ¹	per serving 44.5g in 250ml prepared drink:	% ¹
Vitamin E [mg]	4	33	1.80	15
Vitamin C [mg]	27	34	12	15
Thiamine (Vitamin B1) [mg]	0.37	34	0.17	15
Riboflavin (Vitamin B2) [mg]	0.47	34	0.21	15
Niacin [mg NE]	5.4	34	2.4	15
Vitamin B6 [mg]	0.47	34	0.21	15
Folic acid [µg]	67	34	30	15
Vitamin B12 [µg]	0.84	34	0.37	15
Biotin [µg]	17	34	7.50	15
Pantothenic acid [mg]	2	33	0.9	15
Magnesium [mg]	149	40	66.30	18

¹per cent of the reference quantity according to VO (EU) no. 1169/2011

Recommended usage

Recommended amount to be consumed during exercise: 1 portion within the first 60 minutes after exercise.

Preparation: Stir 3 heaped tablespoons (44.5 g) into 250 ml of water (1 portion).

Do not exceed the recommended daily intake.

Note

Dietary supplements are no substitute for a balanced and varied diet and a healthy lifestyle.

Keep out of reach of young children.

Store in a dry place. Protect from heat and direct sunlight.

This information serves for a better understanding. The information and values provided on the packages are of major importance.