

1777473 - EnergyOatSnack Bar Banana Bread**Sales description**

Energy bar for athletes, with oat flakes and dried banana

Ingredients

Oat flakes (39%), invert sugar, dried bananas (19%), plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), **wheat** wholemeal flour (5%), **peanuts** (2%), natural flavourings, colouring agent: caramel colouring

Contains **peanuts, wheat, gluten**.

Can contain traces from other types of grains with **gluten, eggs, milk** and **nuts**.

Nutritional information	per 100 g		per serving or portion (70g)	
	kJ	kcal	kJ	kcal
Energy	1687	403	1181	282
Fat [g]		15		10
of which saturates [g]		4.5		3.2
Carbohydrates [g]		59		33
of which sugars [g]		31		21
Fibre [g]		5.4		3.8
Protein [g]		6.3		4.4
Salt [g]		0.14		0.10

Store in a cool, dry place.

Vegetarian, suitable for vegans

This information serves for a better understanding.

The information and values provided on the packages are of major importance.

1777482 - EnergyOatSnack Bar Banana Chocolate

Sales description

Energy bar for athletes, with oat flakes and chocolate banana flavour

Ingredients

Oat flakes (45%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), cocoa-containing glaze (9%) (sugar, palm oil, reduced fat cocoa powder, emulsifier: lecithin (**soy**), polyglycerol polyricinoleate), sugar glaze with banana flavouring (7%) (sugar, plant-based oil (palm), water, dextrose, fructose, natural flavouring, salt, emulsifier: Sucrose esters of fatty acids, acidity regulator: glucono-delta-lactone, preservative: potassium sorbate, colouring agents: lutein), colouring agent: caramel colouring, natural flavours.

Contains **gluten** and **soy**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (70g)	
Energy	kJ	kcal	kJ	kcal
	1822	435	1184	283
Fat [g]	20		13	
of which saturates [g]	8.1		5.3	
Carbohydrates [g]	56		37	
of which sugars [g]	31		20	
Fibre [g]	4.2		2.7	
Protein [g]	5.7		3.7	
Salt [g]	0.19		0.12	

Store in a cool, dry place.

Vegetarian, suitable for vegans

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1777491 - EnergyOatSnack Bar Brazil-Nut**Sales description**

Energy bar for athletes, with oat flakes and Brazil nuts

Ingredients

Oat flakes (46%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), cocoa-containing glaze (9%) (sugar, palm oil, reduced fat cocoa powder, emulsifier: lecithin (**soy**), polyglycerol polyricinoleate, **Brazil nuts**(4%).

Contains **Brazil nuts, gluten** and **soy**.

Can contain traces from other types of grains with**gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1866	466	1213	303
Fat [g]	22		14	
of which saturates [g]	8.4		5.5	
Carbohydrates [g]	53		34	
of which sugars [g]	26		17	
Fibre [g]	4.5		2.9	
Protein [g]	6.5		4.2	
Salt [g]	0.16		0.1	

Store in a cool, dry place.

Vegetarian, suitable for vegans.

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1777507 - EnergyOatSnack Bar Yoghurt**Sales description**

Energy bar for athletes, with oat flakes and yoghurt flavour

Ingredients

Oat flakes (48%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), coating with yoghurt flavouring (9%) (sugar, palm oil, **sweet whey powder (milk)**, **wheat flour**, **skimmed milk yoghurt powder**, emulsifier: lecithin (**soy**)).

Contains **gluten, milk, soy** and **wheat**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1817	434	1181	282
Fat [g]	20		13	
of which saturates [g]	7.7		5.0	
Carbohydrates [g]	56		36	
of which sugars [g]	28		18	
Fibre [g]	4.5		2.9	
Protein [g]	6.3		4.1	
Salt [g]	0.19		0.12	

Store in a cool, dry place.

Vegetarian.

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1777516 - EnergyOatSnack Bar Yoghurt-Strawberry**Sales description**

Energy bar for athletes, with oat flakes and strawberry yoghurt flavour

Ingredients

Oat flakes (43%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), coating with yogurt flavouring (9%) (sugar, palm oil, **sweet whey powder (milk)**, **wheat flour**, **skimmed milk yogurt powder**, emulsifier: lecithin (**soy**), strawberry jam (9%) (sugar, glucose syrup, strawberry puree, gelling agent: pectin, natural flavouring, acidity regulator: citric acid and trisodium citrate, colouring agent: anthocyanins), natural flavouring, freeze-dried strawberries (0.3%).

Contains **gluten, milk, soy** and **wheat**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
Energy	kJ	kcal	kJ	kcal
	1762	421	1145	274
Fat [g]	18		12	
of which saturates [g]	7.1		4.6	
Carbohydrates [g]	57		37	
of which sugars [g]	30		20	
Fibre [g]	4.1		2.7	
Protein [g]	5.7		3.7	
Salt [g]	0.18		0.12	

Store in a cool, dry place.

Vegetarian.

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1777525 - EnergyOatSnack Bar Yoghurt-Lemon**Sales description**

Energy bar for athletes, with oat flakes and lemon yoghurt flavour

Ingredients

Oat flakes (48%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), coating with yogurt flavouring (9%) (sugar, palm oil, **sweet whey powder (milk)**, **wheatflour**, **skimmed milk yogurt powder**, emulsifier: lecithin (**soy**)), lemon oil (0.4%).

Contains **gluten**, **soy**, **wheat** and **milk**.

Can contain traces from other types of grains with **gluten**, **eggs**, **soy**, **milk**, **peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1824	436	1186	283
Fat [g]	20		13	
of which saturates [g]	7.8		5.1	
Carbohydrates [g]	56		36	
of which sugars [g]	28		18	
Fibre [g]	4.5		2.9	
Protein [g]	6.3		4.1	
Salt [g]	0.19		0.12	

Store in a cool, dry place.

Vegetarian.

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1777534 - EnergyOatSnack Bar Cherry-Coconut**Sales description**

Energy bar for athletes, with oat flakes and cherry coconut flavour

Ingredients

Oat flakes (49%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), candied cherries (7%)(cherries, glucose-fructose syrup, sugar, acidity regulator: citric acid, colouring: anthocyanins, preservative: potassium sorbate), dried coconut shavings (1%), natural flavourings

Contains gluten.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1741	416	1132	270
Fat [g]		18		11
of which saturates [g]		6.0		3.9
Carbohydrates [g]		56		37
of which sugars [g]		27		17
Fibre [g]		4.9		3.2
Protein [g]		6.0		3.9
Salt [g]		0.17		0.11

Store in a cool, dry place.

Vegetarian, suitable for vegans.

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1777543 - EnergyOatSnack Bar Latte Macchiato**Sales description**

Energy bar for athletes, with oat flakes and latte macchiato flavour

Ingredients

Oat flakes (48%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), glaze (9%) (sugar, palm oil, **sweet whey powder (milk)**, **wheat** flour, emulsifier: lecithin (**soy**), natural flavouring), low-fat cocoa powder (0.7%) (cocoa powder, acidity regulator: potassium carbonate), natural flavours

Contains **gluten, milk, soy** and **wheat**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1810	432	1177	281
Fat [g]	20		13	
of which saturates [g]	7.7		5.0	
Carbohydrates [g]	56		36	
of which sugars [g]	27		18	
Fibre [g]	4.7		3.1	
Protein [g]	6.3		4.1	
Salt [g]	0.18		0.12	

Store in a cool, dry place.

Vegetarian.

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1777552 - EnergyOatSnack Bar Chocolate**Sales description**

Energy bar for athletes, with oat flakes and chocolate flavour

Ingredients

Oat flakes (48%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), cocoa-containing glaze (9 %) (sugar, palm oil, reduced fat cocoa powder, emulsifier: lecithin (**soy**) and polyglycerol polyricinoleate)

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1820	435	1183	283
Fat [g]	20		13	
of which saturates [g]	8.0		5.2	
Carbohydrates [g]	55		36	
of which sugars [g]	27		18	
Fibre [g]	4.5		2.9	
Protein [g]	6.2		4.0	
Salt [g]	0.17		0.11	

Store in a cool, dry place.

Vegetarian, suitable for vegans.

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1777561 - EnergyOatSnack Bar Chocolate / Orange

Sales description

Energy bar for athletes, with oat flakes and chocolate orange flavour

Ingredients

Oat flakes (48%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), cocoa-containing glaze (9%) (sugar, palm oil, reduced fat cocoa powder, emulsifier: lecithin (**soy**) & polyglycerol polyricinoleate), fruit products with orange flavouring (1%) (apple puree concentrate, orange juice concentrate, humectant: glycerin, fructose-glucose syrup, glucose syrup, **wheat** fibres, sugar, palm oil, rice starch, gelling agent: pectin, acidity regulator: citric acid, natural orange flavouring, antioxidant: ascorbic acid, colouring: curcumin), orange oil (0.4%).

Contains **soy**, **wheat** and **gluten**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1823	436	1185	283
Fat [g]	20		13	
of which saturates [g]	8		5.2	
Carbohydrates [g]	55		36	
of which sugars [g]	27		18	
Fibre [g]	4.6		3.0	
Protein [g]	6.1		4.0	
Salt [g]	0.17		0.11	

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2287739 - EnergyOatSnack Bar Peanut Caramel**Sales description**

Energy bar for athletes, with oat flakes, caramel, and peanuts

Ingredients

Oat flakes(33%), invert sugar, caramel (16%) (sweetened condensed milk (**milk**, sugar), glucose syrup, sugar, plant-based oil (palm oil, rapeseed oil, palm kernel oil), colouring agent: caramel colouring, water, emulsifier: mono- and diglycerides of fatty acids, salt, natural flavourings), **peanuts** (13%), plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), cocoa-containing glaze (9%) (sugar, palm oil, sweet whey powder (**milk**), **wheat** flour, reduced fat cocoa powder, emulsifier: lecithin (**soy**), polyglycerol polyricinoleate, natural flavouring)

Contains **wheat, gluten, soy, peanuts** and **milk**.

Can contain traces from other types of grains with **gluten, eggs** and **nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1889	451	1228	293
Fat [g]	23		15	
of which saturates [g]	8.6		5.6	
Carbohydrates [g]	51		33	
of which sugars [g]	29		19	
Fibre [g]	4.6		3.0	
Protein [g]	8.2		5.3	
Salt [g]	0.17		0.11	

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2318311 - EnergyOatSnack Bar Apple Strudel

Sales description

Energy bar for athletes, with oat flakes and apple cinnamon flavour

Ingredients

Oat flakes (47%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), glaze (9%) (sugar, palm oil, sweet whey powder (**milk**), **wheat** flour, emulsifier: lecithin (soy), natural flavouring), fruit products with apple flavouring (2%) (apple purée concentrate, lemon juice concentrate, fructose-glucose syrup, glucose syrup, cane sugar, sugar **wheat fibres**, palm butter, rice starch, acidity regulator: citric acid, gelling agent: pectin), ground cinnamon (0.6%), natural flavourings.

Contains **gluten, milk, soy** and **wheat**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
Energy	kJ	kcal	kJ	kcal
	1807	431	1175	280
Fat [g]	19		12	
of which saturates [g]	7.6		4.9	
Carbohydrates [g]	57		37	
of which sugars [g]	28		18	
Fibre [g]	4.9		3.2	
Protein [g]	6.0		3.9	
Salt [g]	0.18		0.12	

Store in a cool, dry place.

Vegetarian.

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2318312 - EnergyOatSnack Bar Vanilla Flavour**Sales description**

Energy bar for athletes, with oat flakes and vanilla flavour

Ingredients

Oat flakes (48%), invert sugar, plant-based margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids), glaze (9%) (sugar, palm oil, sweet whey powder (**milk**), **wheat** flour, emulsifier: lecithin (**soy**), natural flavouring), natural flavouring

Contains **gluten, milk, soy** and **wheat**.

Can contain traces from other types of grains with **gluten, eggs, soy, milk, peanuts** and other **edible nuts**.

Nutritional information	per 100 g		per serving or portion (65g)	
	kJ	kcal	kJ	kcal
Energy	1818	434	1182	282
Fat [g]	20		13	
of which saturates [g]	7.7		5.0	
Carbohydrates [g]	56		36	
of which sugars [g]	27		18	
Fibre [g]	4.5		2.9	
Protein [g]	6.2		4.0	
Salt [g]	0.18		0.12	

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