

## 1909364 - SaltStick caps PLUS, electrolyte-salt caps with caffeine

### Sales description

Dietary supplement electrolyte-salt caps with caffeine

### Ingredients

Sodium citrate (salt), hydroxypropyl methylcellulose (vegetarian capsules), potassium citrate, potassium chloride, magnesium citrate, calcium chloride, caffeine, calcium gluconate, magnesium gluconate, E 641 (l-leucine), E 141 (chlorophyllin copper complex), cholecalciferol (vitamin D3).

Nutritional information	per 100 g		per cap (1,1 g)	
	kJ	kcal	kJ	kcal
Energy				
Fat [g]				
of which saturates [g]				
Carbohydrates [g]			1	
of which sugars [g]				
Fibre [g]				
Protein [g]				
Salt [mg]	43,18		0,475	

Vitamins/Minerals	per 100 g	% <sup>1</sup>	per cap (1,1 g)	% <sup>1</sup>
Vitamin D [µg]	227		2,5	50
Potassium [mg]	4818		53	2,7
Calcium [mg]	1273		14	1,8
Magnesium [mg]	636		7	1,9

<sup>1</sup>percentage of recommended daily allowance

### Suggested usage

During prolonged physical activity, take one capsule with water every 20-60 minutes. The capsule can also be dissolved in water. For very intense physical activity, take up to 10 capsules daily.

### Warnings

Contains caffeine (230 mg per max. daily dose).

The recommended max. daily dose may not be exceeded. Pregnant or nursing mothers, children under 18 and ill persons should consult a physician before using this dietary supplement. Dietary supplements do not replace a balanced and varied diet. The included anti-condensation pack is not fit for human consumption.

**Keep out of the reach of small children.**

## 2262254 - SaltStick FastChews electrolyte chewable tablets, orange

### Sales description

Dietary supplement electrolyte chewable tablets

### Ingredients

Glucose, sodium citrate, calcium gluconate, citric acid, magnesium citrate, potassium citrate, natural orange flavouring, fatty acid E570, PVPP E1202; malic acid E296, silicon dioxide E551, magnesium stearate E470b, stevia glycoside E960.

Contains traces of **lactose**.

Nutritional information	per 100 g		per tab (1,6 g)	
	kJ	kcal	kJ	kcal
Energy	1308	312,5	20,92	5
Fat [g]				
of which saturates [g]				
Carbohydrates [g]	62,5		1	
of which sugars [g]				
Fibre [g]				
Protein [g]				
Salt [mg]	7,8		0,125	

Vitamins/minerals	per 100 g	% <sup>1</sup>	per tab (1,6 g)	% <sup>1</sup>
Potassium [mg]	938		15	0,75
Calcium [mg]	312,5		5	0,63
Magnesium [mg]	188		3	0,8

<sup>1</sup>percentage of recommended daily allowance

### Suggested usage

During prolonged physical activity, take 2 chewable tablets every 15-30 minutes. For very intense and long-lasting physical activity, take up to maximally 50 chewable tablets per day. One roll of FastChews is thus sufficient for approx. 2,5 hours of endurance sports.

### Warnings

The recommended max. daily dose may not be exceeded. Dietary supplements do not replace a balanced and varied diet. Keep out of the reach of small children. Store in a cool and dry place.

**This product is tested regularly for contamination through doping substances.**

**The chewable tablets contain only natural flavourings, are purely vegetarian, without artificial sweeteners and colourings, free from gluten and genetically unmodified.**