

2138431 – PowerBar Natural Protein Bar, Blueberry Nuts 40g

Sales description

Protein bar for athletes, with peanuts, almonds, candied cranberries and blueberries.

Ingredients

Soy protein crisps (23.5%) (**soy**protein isolate*, starch*, salt), glucose-fructose-syrup*, roasted **peanuts*** (10.9%), maltodextrin*, **soybeans*** (7.2%), pea protein* (6.3%), palm fat*, candied cranberries* (5.4%) (sugar*, cranberries*, rice flour*, sunflower oil*), fructose, roasted **almonds*** (4%), candied blueberries* (3.4%) (blueberries*, sugar*, rice flour*, sunflower oil*) humectant (glycerol*), natural flavouring*, acidifier (citric acid*), salt, vanilla extract*, emulsifier (**soy** lecithin*).

*natural ingredient

May contain traces of other **nuts** und **gluten**.

Nutritional information	per 100 g		per bar (40g)	
	kJ	kcal	kJ	kcal
Energy	1771	422	708	169
Fat [g]	16		6.4	
of which saturates [g]	4.5		1.8	
Carbohydrates [g]	37		15	
of which sugars [g]	22		8.6	
Fibre [g]				
Protein [g]	31		12	
Salt [g]	0.76		0.30	
Vitamins/minerals:	per 100 g		per bar (40g)	
Lactose [g]	< 0.1		< 0.1	

Store in a dry place. Protect from heat.

Recommended usage

- Enjoy 1 high-protein bar as a snack anytime or between meals

- 1 bar directly after exercise

As part of a varied and balanced diet and a healthy lifestyle.

1 to 5 bars per day.

• Suitable for vegans.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2138440 – PowerBar Natural Protein Bar, Salty Peanut Crunch 40g

Sales description

Protein bar with peanuts and pumpkin seeds for athletes

Ingredients

Roasted **peanuts*** (22.1%), glucose-fructose-syrup*, **soy** crisps (16.1%) (**soy** protein isolate*, starch*, salt), **soybeans*** (12.4%), maltodextrin*, pea protein* (6.2%), palm fat*, fructose, pumpkin seeds* (4.7%), humectant (glycerol*), salt, natural flavouring*, vanilla extract*, emulsifier (**soy** lecithin*).

*natural ingredient

May contain traces of other nuts and gluten.

Nutritional information	per 100 g		per bar (40g)	
	kJ	kcal	kJ	kcal
Energy	1894	453	757	181
Fat [g]	22		8.9	
of which saturates [g]	5.6		2.3	
Carbohydrates [g]	30		12	
of which sugars [g]	18		7	
Fibre [g]				
Protein [g]	31		12	
Salt [g]	1.06		0.42	
Vitamins/minerals:	per 100 g		per bar (40g)	
Lactose [g]	< 0.1		< 0.1	

Store in a dry place. Protect from heat.

Recommended usage

- Enjoy 1 high-protein bar as a snack anytime or between meals

- 1 bar directly after exercise

As part of a varied and balanced diet and a healthy lifestyle.

1 to 5 bars per day.

• Suitable for vegans.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2198248 – PowerBar Natural Protein Bar, Banana Chocolate 40g

Sales description

Protein bar for athletes with peanuts, banana and bitter chocolate chips with sweetener

Ingredients

Fruit syrup* (apple*, grape*, carob*), **soy** crisps (20%) (**soy** protein isolate*, starch*, salt), **soybeans*** (14%), roasted **peanuts*** (13%), maltodextrin*, pea protein* (6%), banana pieces* (6%) (banana*, rice flour*), palm fat*, dark chocolate pieces with sweetener (5%) (sweetener (maltitol), cocoa butter, emulsifier (**soy** lecithin), low-fat cocoa powder, natural vanilla flavouring), humectant (glycerol), natural flavouring*, salt, vanilla extract*, emulsifier (**soy** lecithin).

*natural ingredient May contain traces of other nuts and gluten.

Nutritional information	per 100 g		per bar (40g)	
	kJ	kcal	kJ	kcal
Energy	1765	421	706	168
Fat [g]	17		6.8	
of which saturates [g]	5.3		2.1	
Carbohydrates [g]	35		14	
of which sugars [g]	20		8.0	
Fibre [g]				
Protein [g]	31		12	
Salt [g]	0.67		0.27	
Vitamins/minerals:	per 100 g		per bar (40g)	
Lactose [g]	< 0.01		< 0.01	

Store in a dry place. Protect from heat.

Recommended usage

- Enjoy 1 high-protein bar as a snack anytime or between meals

- 1 bar directly after exercise

As part of a varied and balanced diet and a healthy lifestyle.

1 to 5 bars per day.

• Suitable for vegans.

This information serves for a better understanding. The information and values provided on the packages are of major importance.