

2198196 - PowerBar Riegel Energize made with natural ingredients, Mango Tropical 55g

Sales description

Fruit carbohydrate bar with sodium for athletes - mango pineapple flavor

Ingredients

Apple juice concentrate*, potato flakes*, rice syrup*, **oat**flakes*, fructose syrup, white grape juice concentrate*, starch*, apple puree concentrate*, mango juice concentrate* (4%), date juice concentrate*, **almond**pulp*, sugar, **soy**protein*, **lactose**, pineapple juice concentrate* (0,5%), carrot juice concentrate*, sodium chloride*, gelling agent (pectin), natural flavourings*, acidifier (citric acid), palm fat.

May contain: **hazelnuts, peanuts.**

*natural ingredient

Nutritional information	per 100 g		per bar (55g)	
	kJ	kcal	kJ	kcal
Energy	1348	327	761	180
Fat [g]	3,1		1,7	
of which saturates [g]	0,7		0,4	
Carbohydrates [g]	67		37	
of which sugars [g]	39		21	
Fibre [g]	3,7		2,0	
Protein [g]	5,2		2,9	
Salt [g]	0,46		0,25	

Vitamins/minerals:	per 100 g	% ¹	per bar (55g)	% ¹
Sodium [g]	182		100	

Suggested usage

- Ideal prior to and/or during workout, drink sufficient fluid with it.
- 1-4 bars per day.
- As part of a varied and balanced diet and a healthy lifestyle.
- Store in a dry place.
- Keep away from heat.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2198211 - PowerBar Riegel Energize made with natural ingredients Salty Peanut 55 g

Sales description

Carbohydrate bar with peanuts and sodium for athletes

Ingredients

Potato flakes*, white grape juice concentrate, fruit syrup* (apple*, grapes*, carob*), maple syrup*, **peanut**pulp (8%),**oat**flakes*, rice syrup*, starch*, apple juice concentrate*, fructose syrup, apple puree concentrate*, **peanut** flour* (3,5%), **milk** caramel powder* (sugar*, skimmed-milk powder*), sodium chloride*, thickener (pectin), natural flavouring*.

May contain: **hazelnuts, peanuts, soy.**

*natural ingredient

Nutritional information	per 100 g		per bar (55g)	
	kJ	kcal	kJ	kcal
Energy	1452	344	799	189
Fat [g]	6,0		3,3	
of which saturates [g]	1,2		0,7	
Carbohydrates [g]	63		35	
of which sugars [g]	37		20	
Fibre [g]	4,2		2,3	
Protein [g]	6,9		3,8	
Salt [g]	0,91		0,50	

Vitamins/minerals:	per 100 g	% ¹	per bar (55g)	% ¹
Sodium [g]	364		200	

Suggested usage

- Ideal prior to and/or during workout, drink sufficient fluid with it.
- 1-4 bars per day.
- As part of a varied and balanced diet and a healthy lifestyle.
- Store in a dry place.
- Keep away from heat.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2198202 - PowerBar Riegel Energize made with natural ingredients Original Almond Vanilla 55 g

Sales description

Carbohydrate bar with almonds and sodium for athletes - vanilla flavor

Ingredients

Fruit syrup* (apple*, grapes*, carob*), white grape juice concentrate, potato flakes*, date juice concentrate*, **oat** flakes*, almond pulp* (6,5%), starch*, apple juice concentrate*, apple puree concentrate*, natural flavors *, sodium chloride*, thickener (pectin).

May contain: **Hazelnuts, peanuts, soy, milk.**

*natural ingredient

Nutritional information	per 100 g		per bar (55g)	
	kJ	kcal	kJ	kcal
Energy	1433	339	788	186
Fat [g]	5,0		2,8	
of which saturates [g]	0,5		0,3	
Carbohydrates [g]	66		36	
of which sugars [g]	39		21	
Fibre [g]	4,1		2,3	
Protein [g]	4,8		2,6	
Salt [g]	0,46		0,25	

Vitamins/minerals:	per 100 g	% ¹	per bar (55g)	% ¹
Sodium [g]	182		100	

Suggested usage

- Ideal prior to and/or during workout, drink sufficient fluid with it.
- 1-4 bars per day.
- As part of a varied and balanced diet and a healthy lifestyle.
- Store in a dry place.
- Keep away from heat.

This information serves for a better understanding. The information and values provided on the packages are of major importance.