

2256969 – PowerBar Hydro drinkable carbohydrate gel with C2Max, Mojito

Sales description

Liquid carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium (CH: food supplement).

Lime – mint flavour.

Ingredients

Water, maltodextrin, fructose, fruit juice concentrates (7%) (apple, lime), sodium chloride, sodium citrate, natural flavouring, caffeine (0,06%), acidifier (citric acid).

Nutritional information	per 100 g		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	686	162	460	108
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	39		26	
of which sugars [g]	19		13	
Protein [g]	0		0	
Salt [g]	0,76		0,51	

Vitamins/minerals	per 100 g	% ¹	per sachet (67 ml)	% ¹
	Sodium [mg]	304		204
Caffeine [mg]	76		51	

Suggested usage

- During endurance sports, we recommend to consume up to 90 g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL HYDRO delivers approx. 25 g carbohydrates.
- Consume 1 sachet every 20-45 minutes during intense sports activities.
- 1 - 3 sachets / day
- Increased caffeine content (76 mg/100 ml; 51 mg/sachet). Not recommended for children, pregnant or breastfeeding women.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.

2260551 – PowerBar Hydro drinkable carbohydrate gel with C2Max, Cola + Caffeine

Sales description

Liquid concentrated carbohydrate gel for athletes with caffeine and sodium (CH: food supplement). Cola flavour.

Ingredients

Water, maltodextrin, fructose, sodium chloride, natural flavourings, acidifier (citric acid), sodium citrate, caffeine (0,1%).

Nutritional information	per 100 g		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	648	152	434	102
Fat [g]	0		0	
of which saturates[g]	0		0	
Carbohydrates [g]	38		25	
of which sugars[g]	16		11	
Protein [g]	0		0	
Salt [g]	0,75		0,50	

Vitamins/minerals	per 100 g	% ¹	per sachet (67 ml)	% ¹
	Sodium [mg]	301		202
Caffeine [mg]	150		100	

Suggested usage

- During endurance sports, we recommend to consume up to 90 g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL HYDRO delivers approx. 25 g carbohydrates.
- Consume 1 sachet every 20-45 minutes during intense sports activities.
- 1 sachet / day
- Increased caffeine content (150 mg/100 ml; 100mg/sachet). Not recommended for children, pregnant or breastfeeding women.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.

2260553 – PowerBar Hydro drinkable carbohydrate gel with C2Max, Cherry + Caffeine

Sales description

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium (CH: food supplement). Cherry flavour.

Ingredients

Water, maltodextrin, fruit juice concentrates (12%) (apple, sour cherry), fructose, sodium chloride, sodium citrate, acidifier (citric acid), natural cherry flavouring with other natural flavourings, caffeine (0,06%).

Nutritional information	per 100 g		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	655	154	439	103
Fat [g]	0		0	
of which saturates[g]	0		0	
Carbohydrates [g]	37		25	
of which sugars[g]	19		13	
Protein [g]	0		0	
Salt [g]	0,76		0,51	

Vitamins/minerals	per	% ¹	per sachet (67	% ¹
	100 g		ml)	
Sodium [mg]	303		203	
Caffeine [mg]	76		51	

Suggested usage

- During endurance sports, we recommend to consume up to 90 g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL HYDRO delivers approx. 25 g carbohydrates.
- Consume 1 sachet every 20-45 minutes during intense sports activities.
- 1 - 3 sachets / day
- Increased caffeine content (76 mg/100 ml; 51mg/sachet). Not recommended for children, pregnant or breastfeeding women.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.

2260552 – PowerBar Hydro drinkable carbohydrate gel with C2Max, Orange

Sales description

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium (CH: food supplement). Orange flavour.

Ingredients

Water, maltodextrin, fruit juice concentrates (13%) (apple, orange), fructose, sodium chloride, acidifier (citric acid), sodium citrate, natural orange flavouring with other natural flavourings.

Nutritional information	per 100 g		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	651	153	436	103
Fat [g]	0		0	
of which saturates[g]	0		0	
Carbohydrates [g]	37		25	
of which sugars[g]	19		13	
Protein [g]	0		0	
Salt [g]	0,76		0,51	

Vitamins/minerals	per	% ¹	per sachet (67	% ¹
	100 g		ml)	
Sodium [mg]	302		202	

Suggested usage

- During endurance sports, we recommend to consume up to 90 g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL HYDRO delivers approx. 25 g carbohydrates.
- Consume 1 sachet every 20-45 minutes during intense sports activities.
- 1 - 4 sachets / day

This information serves for a better understanding.

The information and values provided on the packages are of major importance.