

225696901 – PowerBar Powergel Hydro, Mojito + Caffeine, 67 ml

Sales description

Liquid concentrated carbohydrate gel for athletes with fruit concentrates, caffeine and sodium.
Lime mint flavour

Ingredients

Water, maltodextrin, fructose, fruit juice concentrates (7%) (apple, lime), salt, sodium citrate, natural flavourings, caffeine (0.07%), preservative (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), acidifier (citric acid).

Nutritional information	per 100 ml		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	684	161	458	108
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	39		26	
of which sugars [g]	17		12	
Protein [g]	0		0	
Salt [g]	0.77		0.52	
Vitamins/Minerals	per 100 ml		per sachet (67 ml)	
Sodium [mg]	307		205	
Caffeine [mg]	76		51	

Recommended intake

- Max. 3 sachets/day. Take 1 sachet every 20 minutes during intense exercise (at least 60 min).
- Increased caffeine content (76 mg/100 g; 51 mg/sachet). Not recommended for children and pregnant or breastfeeding women
- As part of a varied, balanced diet and a healthy lifestyle.
- Keep out of reach of young children.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

226055101 – PowerBar Powergel Hydro, Cola + Caffeine, 67 ml

Sales description

Liquid concentrated carbohydrate gel for athletes with caffeine and sodium. Cola flavour

Ingredients

Water, maltodextrin, fructose, salt, natural flavourings, acidifier (citric acid), sodium citrate, caffeine (0.1%), preservative (potassium sorbate, sodium benzoate), stabiliser (xanthan gum)

Nutritional information	per 100 ml		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	649	153	435	103
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	38		25	
of which sugars [g]	16		11	
Protein [g]	0		0	
Salt [g]	0.76		0.51	
Vitamins/Minerals	per 100 ml		per sachet (67 ml)	
Sodium [mg]	304		204	
Caffeine [mg]	150		100	

Recommended intake

- 1 sachet per day during intensive physical exercise
- Increased caffeine content (150 mg/100 g; 100 mg/sachet). Not recommended for children and pregnant or breastfeeding women.
- As part of a varied, balanced diet and a healthy lifestyle.
- Keep out of reach of young children.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

226055301 – PowerBar Powergel Hydro, Cherry + Caffeine, 67 ml

Sales description

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium. Cherry flavour

Ingredients

Water, maltodextrin, fruit juice concentrates (12%) (apple, sour cherry), fructose, salt, sodium citrate, acidifier (citric acid), natural cherry flavouring with other natural flavourings, preservative (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), caffeine (0.07%).

Nutritional information	per 100 ml		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	653	154	438	103
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	37		25	
of which sugars [g]	18		12	
Protein [g]	0		0	
Salt [g]	0.76		0.51	
Vitamins/Minerals	per 100 ml		per sachet (67 ml)	
Sodium [mg]	304		204	
Caffeine [mg]	76		51	

Recommended intake

- Max. 3 sachets/day. Take 1 sachet every 20 minutes during intense exercise (at least 60 min).
- Increased caffeine content (76 mg/100 g; 51 mg/sachet). Not recommended for children and pregnant or breastfeeding women
- As part of a varied, balanced diet and a healthy lifestyle.
- Keep out of reach of young children.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

226055201 – PowerBar Powergel Hydro, Orange, 67 ml

Sales description

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium. Orange flavour.

Ingredients

Water, maltodextrin, fruit juice concentrates (13%) (apple, orange), fructose, salt, acidifier (citric acid), sodium citrate, preservative (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), natural orange flavouring with other natural flavourings.

Nutritional information	per 100 ml		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	651	153	436	103
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	37		25	
of which sugars [g]	19		13	
Protein [g]	0		0	
Salt [g]	0,80		0.54	
Vitamins/Minerals	per 100 ml		per sachet (67 ml)	
Sodium [mg]	318		213	

Recommended intake

- Take 1 sachet every 20 minutes during intense exercise (min. 60 min).
- As part of a varied, balanced diet and a healthy lifestyle
- Keep out of reach of young children.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

1007300501 – PowerBar Powergel Hydro, Lemon Infused, 67 ml

Sales description

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium. Citrus flavour.

Ingredients

Water, maltodextrin, fructose, salt, acidifier (citric acid), sodium citrate, natural lemon-lime flavouring, preservative (potassium sorbate, sodium benzoate), stabiliser (xanthan gum)

Nutritional information	per 100 ml		per sachet (67 ml)	
	kJ	kcal	kJ	kcal
Energy	641	151	429	101
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	37		25	
of which sugars [g]	14		9	
Protein [g]	0		0	
Salt [g]	0.76		0.51	
Vitamins/Minerals	per 100 ml		per sachet (67 ml)	
Sodium [mg]	304		204	

Recommended intake

- Take 1 sachet every 20 minutes during intense exercise (min. 60 min).
- As part of a varied, balanced diet and a healthy lifestyle
- Keep out of reach of young children.

This information serves for a better understanding. The information and values provided on the packages are of major importance.