

2325046 - Dextro Energy Salt Tabs, 54 g, Lemon

Sales description

Dextrose tablets with sodium citrate and lemon flavour.

Ingredients

Dextrose, sodium citrate, acidifier (citric acid), maltodextrin, separating agent (hydrogenated rapeseed oil, magnesium salts of fatty acids), lemon flavouring, emulsifier (mono- and diglycerides from fatty acids).

Nutritional information	per 100 g		per serving / 2 tablets 3.6 g	
	kJ	kcal	kJ	kcal
Energy	1413	333	51	12
Fat [g]	1.7		0	
of which saturates [g]	1.7		0	
Carbohydrates [g]	77		2.8	
of which sugars [g]	75		2.7	
Protein [g]	0.0		0	
Salt [g]	7.30		0.26	
Sodium [mg]	2889.00		104	

Recommended intake

Store in a dry place at room temperature (5-25°C) and avoid direct sunlight

1 portion = 2 tablets

Recommended intake for endurance sports: 2 tablets every 15-30 minutes, drink enough liquid, maximum 20 tablets per day

This information serves for a better understanding. The information and values provided on the packages are of major importance.