

2338599 – PowerBar Energize Advanced Bar, 55 g, Orange

Sales description

Carbohydrate bar with magnesium and sodium for athletes – orange flavour

Ingredients

Dates, **oat**flakes, rice syrup, rice extrudate (rice flour, sugar, **wheat** gluten, sunflower oil, **barley** malt flour, salt), fructose, fructose syrup, rice flour, apple flakes (apple pulp, starch), coconut oil and fat, carrot preparation [fructose syrup, sugar, carrot concentrate, apple puree concentrate, acidifier (citric acid)], skimmed **milk**powder, humectant (glycerin), magnesium carbonate, sodium chloride, natural flavouring.

May contain: **Peanuts, hazelnuts, almonds, soy.**

Nutritional information	per 100 g		per 55 g	
Energy	kJ	kcal	kJ	kcal
	1553	368	854	202
Fat [g]	5.4		3.0	
of which saturates [g]	3.3		1.8	
Carbohydrates [g]	71		39	
of which sugars [g]	37		20	
Fibre [g]	5.1		2.8	
Protein [g]	6.2		3.4	
Salt [g]	0.55		0.30	

Vitamins/Minerals	per 100 g	% ¹	per 55 g	% ¹
Magnesium [mg]	103	27	56.6	15
Sodium mg]	220		121	

¹ per cent of the reference value according to VO (EU) no. 1169/2011

Recommended usage

1-4 bars per day. Ideal before and/or during workout, drink sufficient fluid with it. As part of a varied, balanced diet and a healthy lifestyle.

Store in a dry place. Protect from heat.

All PowerBar products are listed on the Cologne List®, which means we offer athletes even more security and trust.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2338601 – PowerBar Energize Advanced Bar, 55 g, Raspberry

Sales description

Carbohydrate bar with magnesium and sodium for athletes – raspberry flavour

Ingredients

Dates, **oat**flakes, rice syrup, rice extrudate (rice flour, sugar, **wheat**gluten, sunflower oil, **barley**malt flour, salt), fructose, fruit preparation [sugar, pineapple juice concentrate, fructose syrup, apple puree concentrate, lactose (**milk**), palm fat, gelling agent (pectins), natural flavouring, acidifying agent (citric acid)], fructose syrup, rice oil and coconut flour, -fat, skimmed **milk** powder, dried raspberries (1%), humectant (glycerin), magnesium carbonate, sodium chloride, natural flavouring.

May contain: **Peanuts, hazelnuts, almonds, soy.**

Nutritional information	per 100 g		per 55 g	
Energy	kJ	kcal	kJ	kcal
	1569	371	863	204
Fat [g]	5.3		2.9	
of which saturates [g]	3.3		1.8	
Carbohydrates [g]	72		40	
of which sugars [g]	37		20	
Fibre [g]	5.4		3.0	
Protein [g]	6.2		3.4	
Salt [g]	0.55		0.30	

Vitamins/Minerals	per 100 g	% ¹	per 55 g	% ¹
Magnesium [mg]	103	27	56.6	15
Sodium [mg]	220		121	

¹ per cent of the reference value according to VO (EU) no. 1169/2011

Recommended usage

1-4 bars per day. Ideal before and/or during workout, drink sufficient fluid with it. As part of a varied and balanced diet and a healthy lifestyle.

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2338600 – PowerBar Energize Advanced Bar, 55 g, Chocolate Hazelnut

Sales description

Carbohydrate bar with almonds and sodium for athletes – hazelnut cocoa flavour

Ingredients

Dates, **oat**flakes, rice syrup, rice extrudate (rice flour, sugar, **wheat**gluten, sunflower oil, barley malt flour, salt), fructose, fructose syrup, rice flour, **hazelnuts** (3.5%), skimmed **milk**powder, low-fat cocoa powder (1.5%), coconut oil and - fat, humectant (glycerin), magnesium carbonate, sodium chloride, natural flavouring, cocoa mass (0.1%).

May contain: **peanuts, almonds, soy**

Nutritional information	per 100 g		per 55 g	
Energy	kJ	kcal	kJ	kcal
	1573	373	865	205
Fat [g]	6,0		3.3	
of which saturates [g]	2.0		1.1	
Carbohydrates [g]	70		39	
of which sugars [g]	35		19	
Fibre [g]	5.5		3.0	
Protein [g]	6,9		3.8	
Salt [g]	0.55		0.30	

Vitamins/Minerals	per 100 g	% ¹	per 55 g	% ¹
Magnesium [mg]	103	27	56.6	15
Sodium [mg]	220		121	

¹ per cent of the reference value according to VO (EU) no. 1169/2011

Recommended usage

1-4 bars per day. Ideal before and/or during workout, drink sufficient fluid with it. As part of a varied and balanced diet and a healthy lifestyle.

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2338602 – PowerBar Energize Advanced Bar, 55 g, Mocca Almond

Sales description

Carbohydrate bar with magnesium and sodium for athletes – mocca almond flavour

Ingredients

Dates, **oat**flakes, rice syrup, rice extrudate (rice flour, sugar, **wheat**gluten, sunflower oil, **barley**malt flour, salt), fructose, fructose syrup, rice flour, **almond**paste (3%), **almonds** (2%), coffee paste [vegetable oil (soy, palm), roasted ground coffee (0.7 %), palm (partially hydrogenated), skimmed **milk**powder, humectant (glycerin), coconut oil and fat, magnesium carbonate, sodium chloride.

May contain: **peanuts, hazelnuts, soy.**

Nutritional information	per 100 g		per 55 g	
Energy	kJ	kcal	kJ	kcal
	1598	379	879	208
Fat [g]	6.9		3.8	
of which saturates [g]	1.3		0.7	
Carbohydrates [g]	69		38	
of which sugars [g]	35		19	
Fibre [g]	5.3		2.9	
Protein [g]	7.5		4.1	
Salt [g]	0.55		0.30	

Vitamins/Minerals	per 100 g	% ¹	per 55 g	% ¹
Magnesium [mg]	103	27	56.6	15
Sodium mg]	220		121	

¹ per cent of the reference value according to VO (EU) no. 1169/2011

Recommended usage

1-4 bars per day. Ideal before and/or during workout, drink sufficient fluid with it. As part of a varied, balanced diet and a healthy lifestyle.

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