

2341934 – Saltolyte Capsules Salt & Electrolytes Salt and Mineral Capsules

Sales description

Dietary supplement with salt, minerals, trace elements and vitamin D3

Ingredients

Sodium chloride; hydroxypropyl methylcellulose (capsule); magnesium citrate; potassium citrate; calcium citrate; calcium gluconate; potassium chloride; separating agent: magnesium stearate; magnesium gluconate; iron(II) sulphate; zinc sulphate monohydrate; vitamin D3 (cholecalciferol).

Vitamins/Minerals	per capsule (1.1 g)	Maximum daily amount (15 capsules)	Per max. daily amount %DV*
Salt	0.58 g	8.7 g	145 %
Vitamin D	2.5 µg	37.5 µg	750 %
Sodium	230 mg	3450 mg	**
Potassium	63 mg	945 mg	47.3 %
Calcium	25 mg	375 mg	46.9 %
Magnesium	50 mg	750 mg	200 %
Iron	1.5 mg	22.5 mg	161 %
Zinc	1 mg	15 mg	150 %

* nutrient reference values according to LMIV

** no reference quantities stated

Recommended usage

For continuous exercise, swallow one capsule at a time at intervals of 30-60 minutes with a little water. The contents can also be dissolved in liquid. During long-term, heavy physical exercise up to a maximum of 15 capsules per day.

Note:

Do not exceed the recommended daily intake.

Food supplements are not intended to replace a varied and balanced diet and a healthy way of living.

The anti-condensation pack inside is not suitable for consumption. Store out of the reach of small children, cool and dry.

Keep bottle firmly closed between uses.

Free from gluten, fructose and lactose.

This information serves for a better understanding. The information and values provided on the packages are of major importance.