

2346996 - Dextro Energy Creakick Creatine+Dextrose Tabs, 6x47g, Apple

Sales description

Dextrose tablets with creatine. Apple flavour

Ingredients

Dextrose (64%), creatine monohydrate, acidifier (citric acid), anti-caking agent (magnesium salts of fatty acids), natural flavouring.

Nutritional information	per 100 g		per serving 3 tablets	
Energy	kJ	kcal	kJ	kcal
	1018	240	103	24
Fat [g]	< 0.50		< 0.50	
of which saturates [g]	0,20		< 0.10	
Carbohydrates [g]	59		5.9	
of which sugars [g]	58		5.8	
Protein [g]	0		0	
Salt [g]	< 0.01		0	
Vitamins/Minerals	per 100 g	%1	per serving 3 tablets	%1
Creatine [mg]	30000		3000	

¹per cent of nutrient reference value

Recommended intake for adults in sports

3 tablets, 1 pack (1 stick of 14 tablets) contains 4.6 portions.

Please pay attention to a balanced, varied diet and a healthy lifestyle.

Store in a dry place at room temperature (5-25°).

Vegan, gluten-free

This information serves for a better understanding. The decisive information and values are printed on the packaging.