

2288715 - High5 Energy Bar Berry 55g

Sales description

Berry oat bar

Ingredients

Dried fruits 60% (sultanas, sugar, cranberries, pineapple, apricot, apple, **sulfites**), **oat** 26%, malto-dextrin, **oat**bran 3%, humectant (vegetable glycerine), sunflower oil, coconut oil (MCT), natural flavour

For allergens see ingredients **in bold type**. May contain traces of **nuts** and **peanuts**.

Nutritional information	per 100 g		per bar (55g)	
	kJ	kcal	kJ	kcal
Energy	1453	344	799	189
Fat [g]	4,2		2,3	
of which saturates [g]	0,8		0,4	
Carbohydrates [g]	70		39	
of which sugars [g]	39		21	
Protein [g]	4,0		2,7	
Salt [g]	0,1		0.06	

Suggested usage

Energy Bar is suited **BEFORE** and **DURING** sports.

Store in a cool and dry place.

Suitable for vegans and vegetarians.

Please mind the environment and do not simply throw the package away on the go, please use a trash can!

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2288716 - High5 Energy Bar Banana 55g

Sales description

Banana oat bar with dried fruits

Ingredients

Dried fruits 49% (sultanas, pineapple, banana, sugar, citric acid, sunflower oil, **sulfites**), **oat** 25%, maltodextrin, humectant (vegetable glycerine), **oat bran** 2%, sunflower oil, coconut oil (MCT), natural flavour.

For allergens see ingredients **in bold type**. May contain traces of **nuts** and **peanuts** .

Nutritional information	per 100 g		per bar (55g)	
	kJ	kcal	kJ	kcal
Energy	1387	328	763	180
Fat [g]	4,3		2,4	
of which saturates [g]	0,8		0,4	
Carbohydrates [g]	66		36	
of which sugars [g]	35		19	
Protein [g]	4,3		2,4	
Salt [g]	0,19		0,1	

Suggested usage

Energy Bar is suited **BEFORE** and **DURING** sports.

Store in a cool and dry place.

Suitable for vegans and vegetarians.

Please mind the environment and do not simply throw the package away on the go, please use a trash can!

This information serves for a better understanding. The information and values provided on the packages are of major importance.

2290501 - High5 Energy Bar Berry Yoghurt 55g

Sales description

Fruit and muesli bar with yoghurt coating in berry flavour

Ingredients

Glucose syrup, yoghurt coating 20% (sugar, cocoa butter, skimmed **milk** yoghurt powder (**milk**), lactose (**milk**), emulsifier (**soy** lecithin), natural flavourings, acid (citric acid)), rolled **oats** 18%, raisins 15%, rice chips (rice flour, **wheat gluten**, sugar, **wheat** malt, glucose, salt), malto-dextrin, sweetened cranberries 5% (cranberries, sugar, sunflower oil), honey, blueberry flavour pieces 2% (sugar, cranberry, blueberry juice, grape juice concentrate, sunflower oil), natural flavourings, acid (citric acid)

For allergens see ingredients **in bold type**. May contain traces of **nuts** and **peanuts**.

Nutritional information	per 100 g		per bar (55g)	
	kJ	kcal	kJ	kcal
Energy	1654	392	910	216
Fat [g]	9.1		5,0	
of which saturates [g]	4.9		2.7	
Carbohydrates [g]	71		39	
of which sugars [g]	35		19	
Protein [g]	4.8		2,6	
Salt [g]	0.18		0,1	

Suggested usage

Energy Gel is suitable **BEFORE** and **DURING** sports.

Store in a cool and dry place.

Suitable for vegetarians.

Please respect the environment and do not simply throw the packaging away on the go. Please use a bin!

This information serves for a better understanding. The information and values provided on the packages are of major importance.