

1737369 - PowerBar drink powder Iso Max Blood Orange

Sales description

Powder for the preparation of an isotonic drink with carbohydrates, 5 minerals, caffeine and L-arginine for athletes, blood orange flavour

Ingredients

Dextrose, maltodextrin, fructose, minerals (sodium citrate, calcium lactate, potassium chloride, sodium chloride, magnesium carbonate), acidity regulator (citric acid), L-arginine (0,8%), natural flavouring, beetroot juice powder, fruit and plant concentrates (safflower, lemon), caffeine.

May contain **soy, milk**

Nutritional information	per 100 g		per portion (50 g)*	
	kJ	kcal	kJ	kcal
Energy	1578	371	789	186
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	90		45	
of which sugars [g]	63		31	
Protein [g]	0		0	
Salt [g]	1,8		0.9	
Caffeine	150		75	
L-arginine [mg]	800		400	

Vitamins/Minerals	per 100 g	%**	per portion (50 g)*	%**
Potassium [mg]	338	17	169	8
Chloride [mg]	670	84	335	42
Calcium [mg]	121	15	60,3	8
Magnesium [mg]	58,2	16	29,1	8
Sodium [g]	710		355	

* per 50 g powder in 750 ml water

** Percentage of recommended daily allowance

Suggested usage

- 1 portion/day.
- General recommendation for liquid intake for activities >60 minutes: Drink as required before workouts; drink 150 - 200 ml approx. every 15 minutes during workouts; drink as you feel thirsty.
- Preparation (1 portion): to prepare an isotonic drink, mix 50 g (approx. 3 measuring spoons – included) with 750 ml water.
- Single Serve Packaging preparation: to prepare an isotonic drink, mix the contents of one one sachet (50 g) with 750 ml water.
- Contains caffeine (10 mg/100 ml). Not recommended for children and pregnant women.
- Store in a dry place. Protect from heat.
- This information serves for a better understanding. The information and values provided on the packages are of major importance.