

761161 - ultraSPORTS ultraRECOVER Refresher Tropic, 500 g

761178 - ultraSPORTS ultraRECOVER Refresher Tropic, 25 g

Sales description

Dietary product for athletes Powder containing vitamins, minerals and protein for preparing a carbohydrate-protein drink for fast recovery after sports. With sweetener steviol glycosides and a type of sugar.

Ingredients

Lactose reduced wheyprotein * (32%), maltodextrin, sucrose, acidity regulator (citric acid), emulsifier (sunflower lecithin), taurine, vitamins (C, E, B3, B5, A, B6, B2, B1, folic acid), magnesium carbonate, flavours, sodium hydrogen carbonate, medium-chain fatty acids (MCT), sweeteners (steviol glycosides from stevia), sodium selenite, zinc citrate.

*from grass-fed pasture cows

Nutritional information	per 100 g		per portion 25 g	
	kJ	kcal	kJ	kcal
Energy	1637	390	409	98
Fat [g]	10		2.5	
of which saturates [g]	4.8		1.2	
Carbohydrates [g]	51		12.8	
of which sugars [g]	25.4		6.4	
Protein [g]	23		5.8	
Salt [g]	0.3		0.1	

Vitamins/Minerals	per 100 g	per portion 25 g	% ¹ per 100 g
Vitamin C [mg]	60	15	76
Vitamin E [mg]	40	10	332
Niacin [mg NE]	18	4.5	112
Pantothenic acid [mg]	6	1.5	100
Vitamin A [µg]	830	208	104
Vitamin B6 [mg]	2	0.5	144
Vitamin B2 [mg]	1.6	0.4	116
Vitamin B1 [mg]	1.4	0.4	128
Folic acid [µg]	200	50	100
Potassium [mg]	694	174	36
Sodium [mg]	110	27	
Magnesium [mg]	400	100	108
Zinc [mg]	10	2.5	100
Selenium [µg]	60	15	108

¹per cent of the reference value according to VO (EU) no. 1169/2011

Special amino acids	per 100 g	per portion 25 g
Taurine [mg]	2000	500
Glutamine + glutamic acid [mg]	7300	1825
Leucin [mg]	4300	1075
Lysin [mg]	3700	925
Isoleucine [mg]	2600	650
Valine [mg]	2500	625
Arginin [mg]	1090	273
Tryptophan [mg]	1000	250

Recommended intake

Stir 25 g (2 slightly heaped tablespoons) of Refresher powder into 250 ml of water or non-carbonated mineral water and drink immediately after exercise.

Gluten-free, lactose-free (lactose per portion < 0.1)

Recommended as part of a varied and balanced diet and a healthy lifestyle.
Store in a dry, cool place. Close well after opening.

This information serves for a better understanding. The information and values provided on the packages are of major importance.