

791199 - Xenofit Mineral Light Drink Powder, Lime, 260g

Sales description

Mineral drink with sugar and sweeteners

Ingredients

Corn dextrin (soluble fibre) 30.8%, acidifier citric acid, fructose, potassium bicarbonate 100.9 g / 7.9 g), magnesium citrate (100 g / 7.4 g), calcium carbonate (100 g / 3.8 g), L-carnitine tartrate (100 g / 100 g), flavour (lime, grapefruit), sweeteners cyclamate and saccharin, vitamin C (2.26 g / 100 g), zinc gluconate (0.3 g / 0.27 g), iron gluconate (0.27 g / 100 g).

With sugar and sweeteners.

Nutritional information	per 100 g		per portion (13 g)	
Energy	kJ	kcal	kJ	kcal
	1070	253	169	36
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	26		3.3	
of which sugars [g]	18		2.3	
Fibre [g]	25		3.3	
Protein [g]	0		0	
Salt [g]	0.2		0.03	
Vitamins/Minerals	per 100 g	% <sup>1</sup>	per portion (13 g)	% <sup>1</sup>
Vitamin C [mg]	308	385	40	50
Potassium [mg]	3077	154	400	20
Magnesium [mg]	1154	307	150	40
Iron [mg]	31	220	4.0	29
Zinc [mg]	39	385	5.0	50
L-Carnitin [mg]	1538	-	200	-

\*1 Percentage of recommended daily allowance

Recommended intake

Dissolve 3 level teaspoons (13 g) in 500 ml water while stirring and drink right away. Depending on requirements, drink 1-2 portions daily, preferably after training and competition.  
Store in a dry place and below 25°C.  
As part of a varied and balanced diet and a healthy lifestyle.

This information serves for a better understanding. The information and values provided on the packages are of major importance.