

SIZE CHART

SOCKS & SLEEVES

TALL & CALF SLEEVES

CALF CIRCUMFERENCE	IN INCH	9.5-12	12.5-15	15.5-17.5	18-20
	IN CM	25-31	32-38	39-44	45-50
WOMEN		II	III	IV	-
MEN		-	III	IV	V



Measure your calf circumference at the widest point.

SHORT, MID CUT, LOW CUT & NO SHOW

SHOE SIZE	EUR	34-37	37-40	40-43	-
	UK	2.5-4.5	4.5-6.5	6.5-9	-
	US	4.5-6.5	6.5-8.5	8.5-11	-
WOMEN		II	III	IV	-
SHOE SIZE	EUR	-	39-42	42-45	45-48+
	UK	-	5.5-8	8-10.5	10.5-12.5+
	US	-	6.5-9	9.5-11.5	11.5-13.5+
MEN		-	III	IV	V

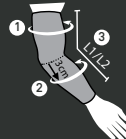


TRAINING SOCKS - MID CUT & NO SHOW

SHOE SIZE	EUR	34-37	37-39	39-42	42-45	45-48
	UK	2.5-4.5	4.5-6	6-8	8-10.5	10.5-12.5
	US women	4-6.5	6.5-8	8-10	10-12.5	12.5-15
	US men	3-5	5-7	7-9	9-11.5	11.5-14
UNISEX		XS	S	M	L	XL

ARM SLEEVES

UPPER ARM CIRCUMFERENCE	IN INCH	10-11.5	11.5-12.5	12.5-14.5
	IN CM	25-29	29-32	32-36
FOREARM CIRCUMFERENCE	IN INCH	9-10.25	10.25-11.5	11.5-12.25
	IN CM	23-26	26-29	29-31
UNISEX LENGTH - L1: 43-51 cm / 17-20 inch		II	III	-
UNISEX LENGTH - L2: 48-56 cm / 19-22 inch		-	III	IV



1. Measure your upper arm circumference at the widest point of your biceps.
2. Measure your forearm circumference at the widest point, approx. 3 cm below the elbow.
3. Measure the length from your wrist to your armpit (on the inside of your arm).

COMPRESSION SHORTS & TIGHTS

ESTIMATED SIZE		XS	S	M	L	XL	XXL
THIGH CIRCUMFERENCE	IN INCH	16-18	18-22	20-24	22-26	24-28	24-30
	IN CM	40-50	45-55	50-60	55-65	60-70	65-75
WOMEN		I	II	III	IV	V	-
MEN		-	II	III	IV	V	VI



Measure your mid-thigh circumference.

COLD WEATHER BEANIE & HEADBAND

UNISEX		S/M	L/XL
HIP CIRCUMFERENCE	IN INCH	20-22	22-24
	IN CM	50-55	55-60



Measure your head circumference at the widest point.

THE RUN BELT

UNISEX		XS/S	M/L	XL/XXL
HIP CIRCUMFERENCE	IN INCH	31.5-35.5	35.75-39.75	40-44
	IN CM	80-90	91-101	102-112



Measure your hip circumference at the widest point.

RECOVERY

RECOVERY SOCKS

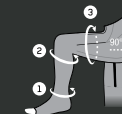
ANKLE CIRCUMFERENCE	IN INCH	7-8	8.5-9	9.5-10	10.5-11.5
	IN CM	18-20	20.5-23	23.5-26	26.5-29
WOMEN		II	III	IV	-
MEN		-	III	IV	V



Measure your ankle circumference at the narrowest point.

RECOVERY PRO TIGHTS

REFERENCE SIZE		XS	S	M	L	XL
ANKLE CIRCUMFERENCE	IN INCH	7-8	8-8.5	8.5-9.5	9.5-10.25	-
	IN CM	18-20	20-22	22-24	24-26	-
CALF CIRCUMFERENCE	IN INCH	11-13.5	11.75-14.5	13-15.75	13.75-17	-
	IN CM	28-34	30-37	33-40	35-43	-
MID-THIGH CIRCUMFERENCE	IN INCH	15.5-20.5	16.25-22	17.25-23.5	18.5-25.5	-
	IN CM	39-52	41-56	44-60	47-65	-
WOMEN		I	II	III	IV	-
ANKLE CIRCUMFERENCE	IN INCH	-	8-8.5	8.5-9.5	9.5-10.25	10.25-11
	IN CM	-	20-22	22-24	24-26	26-28
CALF CIRCUMFERENCE	IN INCH	-	11.75-14.5	13-15.75	13.75-17	14.5-18
	IN CM	-	30-37	33-40	35-43	37-46
MID-THIGH CIRCUMFERENCE	IN INCH	-	16.25-22	17.25-23.5	18.5-25.5	19.5-27
	IN CM	-	41-56	44-60	47-65	50-69
MEN		-	II	III	IV	V



1. Measure your ankle circumference at the narrowest point.
2. Measure your calf circumference at the widest point.
3. Measure your mid-thigh circumference.

If the measurement is between two sizes, use your normal clothing size as a guide.

ORTHO

KNEE SLEEVE

THIGH CIRCUMFERENCE	IN INCH	15.50 - 17	17 - 18	18 - 19.25	19.25 - 20.5	20.5 - 22
	IN CM	39 - 43	43 - 46	46 - 49	49 - 52	52 - 56
CALF CIRCUMFERENCE	IN INCH	10.75 - 12.25	12.25 - 13.5	13.5 - 14.5	14.5 - 15.75	15.75 - 17.25
	IN CM	27 - 31	31 - 34	34 - 37	37 - 40	40 - 44
UNISEX		XS	S	M	L	XL



Measure the circumference 15 cm above and 5 cm below your knee.

ANKLE & ACHILLES SLEEVE

ANKLE CIRCUMFERENCE	IN INCH	6.75 - 8	8 - 8.75	8.75 - 9.5	9.5 - 10.25	10.25 - 11	11 - 11.75
	IN CM	17 - 20	20 - 22	22 - 24	24 - 26	26 - 28	28 - 30
UNISEX		XS / I	S / II	M / III	L / V	XL / VI	XXL / VI



Measure your ankle circumference at the narrowest point.

MID SUPPORT PLANTAR SLEEVES

MID-FOOT CIRCUMFERENCE	IN INCH	≥ 9	9 - 9.75	9.75 - 10.5	10.5 - 11.5	11.5 - 12.25	12.25 - 13
	IN CM	≥ 23	23 - 25	25 - 27	27 - 29	29 - 31	31 - 33
ANKLE CIRCUMFERENCE	IN INCH	7 - 8.75	8 - 9.5	8.75 - 10.25	9.5 - 11	10.25 - 11.75	11 - 12.5
	IN CM	18 - 22	20 - 24	22 - 26	24 - 28	26 - 30	28 - 32
UNISEX		I	II	III	IV	V	VI



Measure the circumference of your mid-foot and at the narrowest point of your ankle.

MID SUPPORT ACHILLES SHORT SOCKS

ANKLE CIRCUMFERENCE	IN INCH	7 - 8	8.5 - 9	9.5 - 10	10.5 - 11.5
	IN CM	18 - 20	20.5 - 23	23.5 - 26	26.5 - 29
WOMEN		II	III	IV	-
MEN		-	III	IV	V



Measure your ankle circumference at the narrowest point.

PATELLA STRAP

BELOW KNEE-CAP CIRCUMFERENCE	IN INCH	11.5 - 13.75	13.75 - 16	16 - 19
	IN CM	29 - 35	35 - 41	41 - 48
UNISEX		S	M	L



Measure the circumference below your knee.

CARE INSTRUCTIONS

All CEP products require careful washing to protect the fibers and preserve their performance-enhancing effect and superior comfort.

PLEASE OBSERVE THE FOLLOWING:

Machine wash gentle/delicate

Do not iron

Do not use bleach/chlorine

Do not dry-clean

Never dry in direct sunlight or on a radiator

MERINO / APPAREL / ORTHO



SOCKS & SLEEVES (EXCEPT MERINO PRODUCTS) RECOVERY PRO TIGHTS



CEP recommends using mild detergents; wool detergents should be used for products that contain wool.

CEP offers activating sportswear with a one-of-a-kind fit. To ensure that our products fit perfectly and guarantee their optimum effect, the size is determined using a circumference measurement.