



HOW TO TAKE MEASUREMENTS

- 1** **ARM LENGTH**
Measure from the highest point of your shoulder following your bent arm down to wrist bone.
- 2** **CHEST**
Measure around the fullest part of your chest.
- 3** **WAIST**
Measure around the narrowest part of your waist.
- 4** **HIPS**
Measure around the fullest part of your hips.
- 5** **INSIDE LEG**
Measure from the top of your inner leg to the bottom of your leg.

GOREWEAR

WOMEN'S APPAREL

SIZE EU	SCALE UNIT	ARM LENGTH	CHEST	WAIST	HIPS	INSIDE LEG
XXS/34	in	28	30,75-32	23,5-24,75	33,5-34,75	30,75
	cm	71	78-81	60-63	85-88	78
XS/36	in	28,25	32,25-33,5	25,25-26,5	35-36,25	30,75
	cm	72	82-85	64-67	89-92	78
S/38	in	28,75	33,75-35	26,75-28	36,5-37,75	30,75
	cm	73	86-89	68-71	93-96	78
L/40	in	29,25	35,5-37	28,25-30	38-39,75	30,75
	cm	74	90-94	72-76	97-101	78
M/42	in	29,75	37,5-39,5	30,25-32,25	40,25-42	30,75
	cm	75,5	95-100	77-82	102-107	78
XL/44	in	30,25	39,75-42,5	32,75-35,5	42,5-45,25	30,75
	cm	77	101-108	83-90	108-115	78

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MEN'S APPAREL

SIZE EU	SCALE UNIT	ARM LENGTH	CHEST	WAIST	HIPS	INSIDE LEG
S	in	30,5	33-35	27,5-29,5	33-35	32
	cm	77	84-98	70-75	84-89	81
M	in	31	35,5-37,5	29,75-32	35,5-37,5	32,25
	cm	78,5	90-95	76-81	90-95	82
L	in	31,5	37,75-39,75	32,25-34,25	37,75-39,75	32,75
	cm	80	96-101	82-87	96-101	83
XL	in	32	40,25-42,5	34,75-37	40,25-42	33
	cm	81,5	102-108	88-94	102-107	84
XXL	in	32,75	43-45,5	37,5-40,25	42,5-45	33,5
	cm	83	109-116	95-102	108-114	85
XXXL	in	33,5	46-48,75	40,5-43,25	45,25-47,75	34
	cm	85	117-124	103-110	115-121	86

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