

## 2267419 - ultraSPORTS ultraPERFORM Gel Cola, 35 g

### Sales description

Energy gel. Carbohydrate concentrate with arginine and grape seed extract

### Ingredients

Glucose syrup, water, dextrose, fructose, orange juice concentrate, nat. flavour, acidifier (citric acid), colanus extract, emulsifier sunflower lecithin, mono- and diglycerides of fatty acids), lemon juice concentrate, sodium citrate, L-arginine, lime juice concentrate, peppermint extract, sodium phosphate, L-ascorbic acid, sea salt, grape seed extract, guarana extract, green tea extract, ginger extract, preservative (potassium sorbate), thiamine mononitrate.

Nutritional information	per 100 g		per 1 gel (35 g)	
	kJ	kcal	kJ	kcal
Energy	1055	239	355	84
Fat [g]	0,9		0,3	
of which saturates [g]	0,2		0,1	
Carbohydrates [g]	56		20	
of which sugars [g]	35,0		12,3	
Protein [g]	1.0		0,4	
Salt [g]	1,2		0,4	
Vitamins/minerals:	per 100 g	% <sup>1</sup>	per 1 gel (35 g)	% <sup>1</sup>
Vitamin C [mg]	114	143	40	50
Vitamin B1 [mg]	0.47	43	0.16	15

Reference quantity for an average adult (8400 kJ / 2000 kcal).  
1 per cent of the reference value according to VO (EU) no. 1169/2011

Other	per 100 g	per 35 g
Sodium [g]	490	172
Grape seed extract [mg]	378	132
of which OPC [mg]	359	126
Caffeine total [mg]	78	27
Guarana extract [mg]	320	0,4
of which caffeine [mg]	32	11
Green tea extract [mg]	317	111
of which caffeine [mg]	22	8
Cola nut extract [mg]	1070	375
of which caffeine [mg]	24	8
Ginger extract [mg]	180	63

### Suggested usage

Consume the gel with some liquid. 1 gel 5 minutes before the competition; during intense workouts every 20 - 45 minutes 1 gel. Contains caffeine.

Not recommended for children and pregnant women. (78 mg / 100 g, 27 mg / 35 g)

Do not exceed the recommended daily intake.

Dietary supplements are no substitute for a balanced, varied diet and healthy lifestyle. Keep out of reach of young children.

Store in a dry place and not above 25°C.

This information serves for a better understanding. The information and values provided on the packages are of major importance.

## 2267418 - ultraSPORTS ultraPERFORM Gel Berry, 35 g

### Sales description

Energy gel. Carbohydrate concentrate with arginine and grape seed extract

### Ingredients

Glucose syrup, water, maltodextrin, dextrose, strawberry puree, pomegranate concentrate, Raspberry juice concentrate, blackberry juice concentrate, emulsifier (sunflower lecithin, mono- and diglycerides of fatty acids), natural flavour, sodium citrate, L-arginine, sodium phosphate, lime juice concentrate, ginger extract, L-ascorbic acid, sea salt, grape seed extract, peppermint extract, preservative (potassium sorbate), thiamine mononitrate.

Nutritional information	per 100 g		per 1 gel (35 g)	
	kJ	kcal	kJ	kcal
Energy	1015	239	355	84
Fat [g]	0,9		0,3	
of which saturates [g]	0,2		0,1	
Carbohydrates [g]	56		20	
of which sugars [g]	24,4		8,5	
Protein [g]	1,2		0,4	
Salt [g]	1,2		0,42	
Vitamins/minerals:	per 100 g	% <sup>1</sup>	per 1 gel (35 g)	% <sup>1</sup>
Vitamin C [mg]	114	143	40	50
Vitamin B1 [mg]	0.47	43	0.16	15

Reference quantity for an average adult (8400 kJ / 2000 kcal).

\* per cent of the reference value according to VO (EU) no. 1169/2011

Amino acids	per 100 g	per 35 g
L-arginine [mg]	770	270

Other	per 100 g	per 35 g
Sodium [g]	490	172
Grape seed extract [mg]	378	132
of which OPC [mg]	359	126

### Suggested usage

Consume the gel with some liquid. 1 gel 5 minutes before the competition; during intense workouts every 20 - 45 minutes 1 gel.

Do not exceed the recommended daily intake.

Dietary supplements are no substitute for a balanced, varied diet and healthy lifestyle.

Keep out of reach of young children.

Store in a dry place and not above 25°C.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.